

# Quantum Bridges Health Alliance

A Private Membership Association

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## Morter B.E.S.T. Sessions

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

EMAIL: \_\_\_\_\_

REFERRAL: \_\_\_\_\_

### ***MORTER B.E.S.T. SESSION AGREEMENT***

A Morter B.E.S.T. Session is a system of body balance and neurological refining that leads to body/mind integration ultimately resulting in your wellbeing and happiness. It can include suggestions for lifestyle changes involving food, beverage, exercise, rest, breathing, and one's thinking all of which effect overall wellness.

Your wellbeing is your choice and your responsibility. A Morter B.E.S.T. Session is a dynamic process that requires your on going involvement and committment. You and your B.E.S.T. practitioner work together to bring about results in your sessions and what you do in between sessions to support the on-going process is important and necessary for the best possible outcome.

A single Morter B.E.S.T. Session treatment can produce dramatic results but it is more usual for conditions to change over time. Beginning with a series of sessions is an excellent way to assure success. Once body and system balance has been achieved, a less intensive maintainance schedule will support it to remain in balance. The session schedule is determined by what is needed in each individual situation and the session lengths also vary depending on what is needed in the moment. Generally the session times run between 15 to 60 minutes, with a time in the middle being most prevalent.

It is also important to understand that occasionally in the process of coming into balance, it may appear that an individual's process has stopped, is standing still or is even going backwards for a time. If this happens in your process we will explore the reasons for this, correct what can be corrected, learn what we can learn, accept what we need to accept and continue along whatever positive track we decide is in your best interest.

#### SPECIAL ASSESSMENT FEES FOR SESSIONS:

Initial Session    \$80.00 (including In office treatment and phone checkin and follow up)

Additional Individual Sessions:    \$50.00

Assessment fees for 6 sessions (submitted in advance they are discounted 10%)    \$270.00

All assessment fees will be paid to Quantum Bridges Health Alliance.

\_\_\_\_\_  
Recipient (Signature)

\_\_\_\_\_  
DATE

\_\_\_\_\_  
(Print Name)